



# CAREER, COLLEGE & COUNSELING

KEEPING YOU UP TO DATE WITH THE COUNSELING SUPPORT TEAM AT WA-HI

## CLASS OF 2023

*Important Information*

-FAFSA/WASFA opens **October 1st**. You will fill out the [2023-2024](#) form. **Not 2022-2023**

-SchoolLinks is the platform we use for transcripts, volunteer hours, jobs, scholarships, and more!

If you need help with SchoolLinks, please come see Ms. Ruzicka or your counselor.

## GEAR UP

Room A-131

GEAR UP is offering Academic Lab (tutoring) in room A-131 everyday! The schedule is below!

- Monday 3:15-4:15 p.m.
- Tuesday 3:15-4:15 p.m.
- Wednesday 2:10-3:10 p.m.
- Thursday 3:15-4:15 p.m.
- Friday 3:15-4:15 p.m.

-Text "GEAR UP" to (509) 293-8990 and answer four simple questions to get signed up for announcements. You'll be the first to know of field trips and other events!

-Click [here](#) to learn more!

## UPDATES

-Ms. Ruzicka (the Career Center) is located in A-130

-Your counselors are located in the front office. **Please make appointments.** QR codes are on page 3.

-This Friday, 9/16 is the **last day for schedule changes** for Semester 1!

-Follow the **College & Career** Google calendar to stay up to date with GEAR UP & the Career Center.

## VOLUNTEER HOURS

\*Class of 2023- **20 hours**

\*Class of 2024- **30 hours**

\*Class of 2025 & beyond- **40 hours**

To document your volunteer hours:

-Go to SchoolLinks

-Click on the '**SCHOOL**' tab (apple icon)

-Click on '**Experience Tracking**'

-Click '**Add Experience**'

\*Make sure you let your supervisor know to check their email to verify your volunteer hours.

# WORK AUTHORIZATION FORM

*Important!*

If you have a **work authorization form** that needs to be signed by the school, Ms. Ruzicka (A130) or Mrs. Finn (B118) can help you with that. Please **do not** come during class time. Please make sure **all sections are filled out**, see [this slideshow](#) for clarification.

## YOUR COUNSELOR

*In case you forgot...*

**Mrs. Melgoza - Last names A-Ce + AVID 9/12**  
[mmelgoza@wwps.org](mailto:mmelgoza@wwps.org)  
[mmelgoza.youcanbook.me](http://mmelgoza.youcanbook.me)

**Mrs. Mueller- Last names Ch-G**  
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**Mr. Bockert- Last names H-Mc**  
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**Mr. Croft- Last names Me-Se**  
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**Mrs. Widmer- Last names Sh-Z + AVID 10/11**  
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[swidmer.youcanbook.me](http://swidmer.youcanbook.me)

**Ms. Ruzicka- Career & College Specialist**  
[kruzicka@wwps.org](mailto:kruzicka@wwps.org)  
[kruzicka.youcanbook.me](http://kruzicka.youcanbook.me)



**Motivation is what gets you started. Habit is what keeps you going**  
- Jim Ryun

## IMPORTANT DATES

- **Sept 16-** Half Day
- **Sept 16-** GEAR UP College Visit to CWU
- **Sept 21 & 29-** GEAR UP Parents & Pastries 7:30am-9am
- **Sept 27-** GEAR UP Selective College & Essay Writing Workshop 5:30pm-7:30pm
- **Sept 27-** GEAR UP FAFSA/WASFA Webinar English 6pm-8pm
- **Sept 29-** GEAR UP FAFSA/WASFA Webinar Spanish 6-7:30pm
- **Oct 1-** FAFSA/WASFA Application Opens
- **Oct 4, 12, 20 & 11/7-** FAFSA/WASFA night w/ GEAR UP 6pm-8pm
- **Oct 5, 10, 12 & 17-** ACT Prep Class w/ GEAR UP 3:30pm-5:30pm
- **Oct 18-** WaHi ACT Testing Day

## CONNECT TO HELP

*If you are interested in seeing a mental health therapist on campus, please see your school counselor for a referral!*

### Call

- Walla Walla Crisis: 509-524-2999
- National Lifeline: 1-800-273-8255

### Text

- Crisis: Text "Home" to 741741
- Trevor Project to support LGBTQ Youth: Text "Start" to 678678
- Steve Foundation to support BIPOC Youth: Text "Steve" to 741741

Follow the  
Career Center &  
Counselors on  
Social Media!



@WaHiCCC



@WaHiCCC



@WaHiCCC

# REPORT IT

See Something, Hear Something, Say Something...

## SAFETY FIRST!

See Something,  
Hear Something,  
Say Something...

### REPORT IT! ▶

Anonymously report bullying, harassment, threats of violence, suicide, drugs, weapons and other safety concerns. For more school safety information visit:

**WWPS.ORG**



## 4 EASY WAYS TO REPORT:

- >> **1. PHONE**  
855.976.8772
- >> **2. TEXT**  
855.976.8772
- >> **3. EMAIL**  
1057@ALERT1.US
- >> **4. WEB**  
1057.ALERT1.US



**Mrs. Melgoza**  
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STAY CONNECTED WITH WAHI  
CAREER, COLLEGE & COUNSELING:  
INSTA @WAHICCC

**2022-2023  
COUNSELING  
SUPPORT STAFF**



ONCE YOU SCHEDULE YOUR APPOINTMENT, YOU WILL GET A CONFIRMATION EMAIL & CALENDAR INVITE TO USE AS YOUR PASS TO COME SEE US!