

Hi Wa-Hi!



**Welcome back!** Monday is a B day so make sure you go to your 4th period at 9 and 4th period Asynch at 12:30. Let's really get into going to Asynchronous between now and winter break: it gives you a chance to get extra help on assignments and missing assignments, get your grades and confidence back up, and it gives your teachers a chance to see you! (we are alllllll so lonely) So bring on the Asynch!

**If you don't remember, here's our schedule:**

- 9am - Period 1/4 Synchronous
- 10am - Period 2/5 Synchronous
- 11am - Period 3/6 Synchronous
- 12:30-1 - Period 1/4 Asynchronous
- 1-1:30 - Period 2/5 Asynchronous
- 1:30-2 - Period 3/6 Asynchronous



I hope you all had a great Thanksgiving and were able to take some time to think about things you're grateful for... let's keep that gratitude alive - it's good for our souls.

Piglet noticed that even though he had a very small heart, it could hold a rather large amount of gratitude.



A. A. Milne, Winnie-the-Pooh

**Self Care:**

**GRATITUDE.** When life is really hard and lame, one of the best things we can do to get through is to remember things we're grateful for. Today I'm grateful for a cuddly dog, heat in my house, and pumpkin cookies. What about you?

## Is your chromebook slow?

CLEAR YOUR CACHE:

### In Chrome

1. On your computer, open **Chrome**.
2. At the top right, click More .
3. Click More tools. **Clear browsing data**.
4. At the top, choose a time range. To **delete** everything, select All time.
5. Next to "**Cookies** and other site **data**" and "Cached images and files," check the boxes.
6. Click **Clear data**.

support.google.com › accounts › answer

[Clear cache & cookies - Computer - Google Account Help](#)

## Need to connect with someone?

The holidays can be super weird, especially in the pandemic. Here are a few reminders of who/how you can connect with people:

- **Peers (other students):** You can email one another... just put the person's email in the to line. You can also Zoom with your school account: go to [zoom.us](https://zoom.us), sign in with google, and schedule a meeting.
- **Teachers:** Believe it or not, your teachers are humans. Email them, ask questions, reach out.
- **School Counselors:** Believe it or not, we're pretty nice. You can totes reach out to us!

○By last name:

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We love you and you're not alone!

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